

2019 COUNTRYSIDE POOL RULES, REGULATIONS AND POLICIES

These rules exist to promote safety, good order and discipline at CountrySide's swimming pools to maximize the enjoyment of our pools by CountrySide residents. They are guidelines but do not intend to supersede *common sense* and *courtesy*. Misconduct will not be tolerated and will most likely result in suspension of pool privileges. These rules apply to all CountrySide residents and their guests attending any of CountrySide's three pools (Cromwell, Lindenwood, or Parkway). CountrySide has retained Titan Pools to provide our pool management and lifeguard services for 2019. While many consider the lifeguards to be the first line of safety defense, the truth is that you as a pool user are the first line of defense. Parents are ultimately responsible for the *safety* and *behavior* of their children whether they accompany their children to the pools or not. Residents are responsible for the behavior of their guests. If pool patrons (residents or guests) violate our rules or engage in unsafe behavior, the lifeguards are granted the authority to enforce the rules to include suspension of privileges.

If a patron observes rude behavior, unsafe activity, or feels that good order and discipline are being compromised, they should bring it to the attention of the pool management staff. Members and staff are also encouraged to submit a written *Incident Report* to the CountrySide Proprietary. Forms are available at the pools and on the CountrySide Proprietary website (<http://www.countryside-va.org>).

Note: English and Spanish versions of the pool rules are available at the Proprietary office, at each pool, and on our website.

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Pool & Office Contact Information

<u>Parkway Pool</u>	<u>46020 Algonkian Parkway</u>	<u>703 430 9818</u>
<u>Lindenwood Pool</u>	<u>100 Lindenwood Road</u>	<u>703 430 9827</u>
<u>Cromwell Pool</u>	<u>3 Edds Lane</u>	<u>703 430 9858</u>
<u>Proprietary Office</u>	<u>2 Pidgeon Hill Dr STE 560</u>	<u>703 430 0715</u>

I RESIDENTS

1. All new Members (including additional family/household members age 2 and older) who are in good standing, current in their assessment and with no outstanding Design Review Committee (DRC) violations, are issued a one-time, free amenities pass. Children under the age of 2 are not required to have an amenities pass. Children ages 2-12 are required to have an amenities pass, but a picture-ID pass is not required (see swim-test provision below). All adults, and children age 12 and older are required to have a picture-ID amenities pass. All amenities passes (picture-ID or not) must be claimed from the Proprietary office.
2. The same amenities pass shall be reused year to year. Members of CountrySide who are in good standing, current in their assessment and with no outstanding DRC violations, who possess an amenities pass will be mailed the current year's sticker prior to the pool operating season, which will allow them to use all CountrySide amenities including the pools. Members who are not in good standing will have their amenities passes confiscated and returned to the Proprietary office and will not be allowed to use the pools until all violations or outstanding assessments are resolved.
3. Renters may obtain an amenities pass only after the member owner of the property completes and forwards an Amenities Registration Form to the Proprietary office. This must be completed each year.
4. Should a pass be either lost or destroyed, there is a \$10.00 replacement fee.
5. Any amenities passes forgotten or left at the pool at close of business shall be returned to Proprietary office by the pool management staff as early as possible on the next business day following confiscation. Residents may pick up their passes at the Proprietary office during normal office hours after the passes have been returned to the office.

II GUESTS

1. One-day guest passes are available for purchase by Proprietary members who are in good standing, current in their assessment and with no DRC violations outstanding, at any pool lobby. One-day guest passes cost \$5.00 each, or a bundle of ten passes may be purchased for \$40.00. A seasonal guest pass, which requires a Picture ID, may be purchased for \$100.00 from the Proprietary Office. Guest passes can be used at the time of purchase or they may be retained for future use in the year purchased. Daily guest passes entitle either an adult or child to one full day's use of the pool facilities.
2. Daily guest passes may only be purchased at the pools. Seasonal guest passes may only be purchased at the Proprietary office.

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3. The policy of exchanging the previous year's guest passes for the current year's guest passes will continue for 2019. Residents must be in good standing before the guest passes will be exchanged. ONLY 2018 passes may be exchanged for 2019 passes. 2017 and older passes are expired and will not be exchanged.
4. For pool admittance, guests must have a valid guest pass and must be accompanied by a Proprietary member who is current in his/her assessment and with no DRC violations outstanding.
5. A guest who is not in swim attire and does not plan to utilize the pool may accompany a member into the pool without purchasing a guest pass.
6. No guest pass is required for children under two years of age.
7. Residents are responsible for the behavior of their guests at all times.

III ADMISSIONS POLICY

1. Members will be admitted upon surrendering their amenities pass.
2. **A resident must have a current 2019-year amenities pass to gain admittance.** Pool staff shall direct the members' attention to these policies and procedures, which shall be posted in public view at all times. Complaints should be referred to the Proprietary office staff.
3. Guests intending to use the pool facilities will only be admitted when accompanied by a member and upon surrendering a guest pass to the lobby attendant. In the event of same-day readmittance of a guest, the lobby attendants must initial the returned guest pass.
4. No pets or animals of any kind are allowed within the pool enclosures.
5. Swim privileges shall be refused to all persons with colds, coughs, inflamed eyes, severe infections, nasal discharge, or anyone wearing bandages; refusal of privileges is at the discretion of the pool management personnel.
6. Persons creating any disturbance or suspected of being impaired or under the influence of alcohol or any substance shall be asked to leave the pool premises. In such instances, the judgment of the pool management personnel prevails.

Age Restrictions for Children and Chaperones

7. Children under age 12 must be accompanied by a responsible person at least 14 years of age. Chaperones under 16 years old may escort no more than **two** children age 11 and under.
8. In the event a child under age 12 is left unattended at any CountrySide pool, the pool management staff shall attempt to effect the child's return to home in the same manner by which the child arrived. This is regardless of whether the child has passed the swim test or not. If the child was driven to the pool, the staff shall attempt to contact the child's parent or legal guardian. Furthermore, the staff shall confiscate the child's amenities pass and initiate an incident report directed to the CountrySide Proprietary Facilities Committee, who shall take whatever action is deemed necessary in the interest of safety.
9. At age 12 a child is eligible to obtain a picture ID amenities pass without taking the swim test. These passes can be obtained from the Proprietary office.

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IV GENERAL RULES AND PRACTICES

1. The on-duty Pool Manager/Operator shall be the final on-site authority to interpret these operating policies and procedures. The Pool Manager may take any action he or she feels is necessary to preserve the health and safety of the pool patrons and to preserve the peace and dignity at the pool facility.
2. The pool management staff (i.e., lifeguards) is empowered by the CountrySide Facilities Committee to enforce these rules at CountrySide's swimming pools. This means that in the pool staff's judgment, serious offenses may warrant suspension of privileges accompanied by confiscation of a member's amenities pass. Such action shall necessitate that the Pool Manager submit a written **Incident Report** (with the amenities pass attached) to the CountrySide Facilities Committee via the Proprietary office.
3. The 2019 pool rules and regulations will continue the policy of "**Zero Tolerance**" to remedy instances of severe misconduct at any of our three pools this season. "**Zero Tolerance**" means that any misconduct or disregard of the set policies will not be tolerated. The Pool Manager will document infractions on an **Incident Report** form describing the nature of the incident and the individuals involved, including the lifeguard, and may also, at his or her discretion, include the names of witnesses if necessary. Any violators are subject to immediate suspension of privileges throughout CountrySide facilities. The Facilities Committee administers the "**Zero Tolerance**" policy. They will adjudicate "**Zero Tolerance**" issues and make recommendations to the CountrySide Board of Directors to suspend pool privileges of any individual who represents a hazard to the safety of themselves or others, or a disturbance to the family-friendly atmosphere at CountrySide pools.
4. Minor infractions, such as running, pushing, or rough play will not be permitted anywhere in the pool enclosure. Lifeguard's judgment prevails. In the event a second warning becomes necessary, the offender will be required to take a 15-minute break. Should a third warning become necessary, the Pool Manager is authorized to suspend the member's pool privileges for up to 72 hours. Pool Managers are authorized to confiscate the member's amenities pass and evict the offender provided that a written Incident Report is submitted accompanied by the member's amenities pass to the CountrySide Proprietary Facilities Committee.
5. **All persons shall use the pool facilities at their own risk.** The CountrySide Proprietary assumes no responsibility for any accident or injury neither in connection with such use nor for any use and/or damages to personal property.
6. No rough play or dangerous activity will be allowed. Cursing, insults, foul language, inappropriate gestures, and rudeness are not acceptable in any public facility – especially when children are present. Courtesy is encouraged. Members are also free to complete a written complaint form addressed to the CountrySide Proprietary's Facilities Committee for review and further action. The forms are available at the pools and on the CountrySide Proprietary website (www.countryside-va.org). The Facilities Committee shall review all Incident Reports. In those instances where suspension of privileges is deemed appropriate, the Facilities Committee may forward their recommendations to the CountrySide Board of Directors for final determination.
7. Adult members and chaperones are responsible for the actions of their children.
8. Members are responsible for the actions of their guests.

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9. Damage to pool property will result in the individual involved being denied use of the pool until the CountrySide Proprietary's Facilities Committee has resolved the matter to its satisfaction.
10. All persons shall immediately obey the instructions and respect the judgment of the lifeguards and/or Pool Manager. Disputes shall be filed, in writing, with the CountrySide Proprietary Facilities Committee.
11. The pool management personnel are responsible for the pool area safety and discipline. As such they are authorized to rule on situations and enforce all rules of safety. All pool management personnel have the authority to evict patrons who fail to comply with these rules and regulations. In that event, a written ***Incident Report*** shall be completed by the Pool Manager and submitted to the Facilities Committee (see "**Zero Tolerance**" under #3 of GENERAL RULES AND PRACTICES section).
12. Situations not specifically covered by these rules and regulations may be acted upon by the Facilities Committee to provide clarification to the members. The Facilities Committee is empowered to amend, add, or delete rules for the benefit of the general membership.
13. Standing jumps will be permitted in 3 feet of water or greater. No diving is permitted in less than 8 feet of water (i.e., you may only dive into a diving well at Cromwell or Lindenwood). One exception to this rule is that competition swim team members may dive during officially sanctioned events (to accommodate and train for race starts).
14. No excessive splashing or games of "tag" are permitted in the water at any time. Lifeguard's judgment shall prevail.
15. Only "nerf" and "beach-type" balls will be permitted.
16. Non-U.S.C.G. approved flotation devices are discouraged but allowed at user's risk. Use of devices such as "water wings" requires direct parental supervision at all times.
17. Breastfeeding is allowed at all CountrySide pools.

V **SWIM ATTIRE POLICY**

1. Street clothing is permitted in the deck area provided the person does not enter the pool and remains no closer than 5 feet from the water's edge.
2. All persons will shower and be attired in proper swimwear prior to entering the water. "Cut Offs" and/or any other article of clothing which may prove hazardous to the pumps and filters are prohibited.
3. Patrons wearing cloth or disposable diapers are prohibited from entering the pool water. Properly fitted swim diapers are acceptable.
4. Swim goggles are permitted and are recommended in lieu of regular eyeglasses or sunglasses in the pool.

VI **CONSUMPTION OF FOOD AND BEVERAGES**

1. **The pool snack bar will be open only during the 10-minute rest break (see below for schedule). The snack bar typically carries a limited assortment of drinks and ice cream for purchase by pool patrons. There is also a water fountain available for patrons while the snack bar is closed.**

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2. Patrons may also bring their own food and drink to the pools as long as they comply with the following rules:
 - a. No glass containers are permitted within the pool enclosure – ONLY paper or plastic containers are safe within the pool enclosure.
 - b. No alcoholic beverages are permitted in the clubhouses or within the pool enclosure. The only exceptions to this rule are official CountrySide sponsored or approved events.
 - c. No illegal drugs of any type are permitted.
3. In accordance with Loudoun County Swimming Pool Ordinance, Section 838.37, neither eating nor drinking is allowed on the pool deck. Eating and drinking activities are confined to the grass areas only. Smoking is **prohibited** within all CountrySide Pool Facilities and within 25 feet of the front entrance. This includes conventional cigarettes AND ALL e-cigarettes (JUUL, vaping, etc.)

VII BREAK TIME

1. A ten-minute rest period is to be observed every hour for children under sixteen years of age. THIS IS A MANDATORY REQUIREMENT for reasons of safety. Normally, the lifeguard will blow the whistle to begin the break at 50 minutes past the hour and blow the whistle to resume swimming on the hour. The 10-minute break is designed to be adult swim time. Note: The pool shall not close at 10 minutes before the hour. It will close on the hour. Adults may swim until the end of the last hour.
2. Children two and under will be allowed to accompany an adult during the designated break time provided that the adult is in the water with the child. At no time is an adult permitted to have more than one child in the water during break time.
3. If in the view of the Pool Manager, the number of people in the pool presents an unsafe situation, the manager may call a break time in excess of the standard ten-minute break time procedures outlined in No. 1 above. This should be a rare exception and not the rule.
4. In the event of overcrowded conditions, as determined by the Pool Manager, the manager may instruct the lobby attendant to direct any member/guest arrivals to a less crowded pool facility.

VIII SWIM TEST POLICY

1. Children wishing to take the swim test must inquire with the pool lobby attendant to schedule a test time. A parent or guardian must accompany the child.
2. The swim test requirements are as follows:
 - a. Must swim **at least one pool length (25 meters) without stopping**. Note: Each of our pools is 25 meters in length.
 - b. **Must use a "recognizable" swim stroke** such as Australian crawl, breast stroke etc.; "dog paddling" above/under water is not acceptable;
 - c. Must tread water for **2 minutes** in deep water.
3. A child who does not successfully pass the swim test may request another test at a future date.

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IX DIVING BOARDS & WATER SLIDES AT CROMWELL & LINDENWOOD

1. At any time, if there are patrons using the diving board or slides while there are other swimming patrons in the pool, there must be a second lifeguard on duty either in a chair or on the deck to monitor the activity at the deep end of the pool. NO EXCEPTIONS!
2. Only one person at a time is allowed on the diving board or any individual slide. It is OK for two people to slide down the dual slides at Lindenwood simultaneously (i.e., one person per slide). However, any time a lifeguard observes a safety issue, they may modify this rule temporarily.
3. Only those individuals who have a permanent photo-ID amenities pass may use the diving boards. This also applies to slides that egress the swimmer into diving wells (i.e., water over the swimmer's head).
4. No running, pushing or horseplay is permitted around the perimeter of the diving area.
5. No hanging, sitting or standing on the lifeline separating the swimming and diving areas is permitted.
6. The diver on the board may not proceed off the board until the previous diver has reached the ladder or completely cleared the diving well. This rule also pertains to water slides. Furthermore, persons on adjacent diving boards and slides may not proceed into the water at the same time. They must wait until the previous diver or slider has cleared the diving well. Lifeguards have the final authority for regulating diving and sliding to maintain safety.
7. Divers may only take one bounce before leaving the board, and divers may only progress in a forward direction towards the pool while on the board.
8. Backflips are allowable but inwards, cut-aways, gainers or other types of dives, which propel a diver towards the diving board, are prohibited. Keep your dives simple.
9. Do not dive off the side of a diving board. Dive straight ahead only.
10. Do not run and dive.
11. No one (parents or otherwise) may be in the diving well to "catch" or assist others going off the diving board or exiting from a slide.
12. No items may be tossed or thrown to or towards divers going off the diving board, slides, or otherwise entering the diving well.
13. No flotation devices are permitted on the diving boards, slides, or in the diving well.
14. Slide only feet first.

X WADING POOL: SAFETY AND HEALTH REGULATIONS

1. **No lifeguard services are provided in the wading pool.**
2. Use privileges are limited to children 5 years of age and under.
3. Children must be accompanied by a responsible person 14 years of age or older (see Chaperone Rules Pg. 3- 4).
4. Children left unattended in the wading pool shall be removed at once. A report in writing shall be directed to the CountrySide Proprietary Facilities Committee, who shall take whatever action deemed necessary in the interest of safety and welfare.
5. Patrons wearing cloth or disposable diapers are prohibited from entering the pool water. Properly fitted swim diapers are acceptable.
6. Toys and playthings must be limited to non-breakable items.

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XI FLOAT DAY POLICY

1. "Float day" is designated at all pools as follows: Cromwell: everyday; Lindenwood: Wednesday only; and Parkway Friday only.
2. Floats are never allowed in the diving wells of the Cromwell and Lindenwood Pool.
3. Floats must be of a design for a single person. For rectangular floats the length can be a maximum of seven feet and a maximum width of four feet. For inner tubes the diameter can be a maximum of four feet.
4. The Pool Manager shall be the final authority for determining the acceptability of any float. Further, if in the view of the Pool Manager or his representative, an unsafe condition should occur from the presence of too many floats in the water at a given time, or unsafe use of a float, then the Pool Manager or his representative shall be free to call a break time in order to alleviate such unsafe condition.

XII VOLLEYBALL NET POLICY

The Parkway Pool volleyball net may be used Thursday evening during the hours of 5:00 p.m. to 7:00 p.m.

XIII LAP LANE POLICY

All three pools will have an "on demand" lap lane available seven days a week. These lanes are for the sole use of those who wish to swim laps. Other swimmers shall respect lap-lane swimmers, should not interfere, and will be required to stay out of the lap lane during use. Lap lane swimmers should note, however, that scheduled swim lessons do occur in the lap lanes; copies of the schedules will be posted at each pool. If swim lessons interfere with a resident's request to use the existing lap lane, the lifeguards should be asked to set up the "on demand" extra lap lane at that pool.

XIV POOL RENTAL POLICY

Members current in their assessment and with no violations outstanding who wish to rent the pool facility during non-operating hours should contact the Proprietary office at 703-430-0715 for a **Rental Information Sheet** and copy of the **Pool Rental Agreement**.

XV SUSPENSION OF PRIVILEGES

Any resident who is delinquent in his/her assessment payment may be denied use of the pool facilities until such time as his/her account is brought current. Any member who has a covenant violation may be denied use of the pool facilities until such violation is abated.

XVI SUSPENSION DUE TO IMPROPER CONDUCT

Members may be suspended as outlined in **Section IV General Rules and Practices**. When a suspension occurs, the Facilities Committee will be notified, and the procedures set forth in Resolution #134 "Suspension of Pool Privileges" will be followed.

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XVII TERMS AND DEFINITIONS

resident	a homeowner or renter in CountrySide (including family members who reside permanently with them)
renter	person(s) to whom a homeowner has conveyed their amenities privileges
member or Proprietary member	a homeowner in CountrySide (including family members who reside permanently with them)
in good standing	resident or Proprietary member who is current in their monthly assessments and with no DRC violations outstanding. The <i>in good standing</i> status applies to the homeowner (or to a renter to whom a homeowner has conveyed their amenities privileges) and includes family members who reside permanently with them
deep end	water depth greater than 3 feet
diving well	water depth of 8 feet where diving boards and slides exit or enter the water
chaperone	a person eligible to escort children who are non-swimmers to the pool (Age requirements determine how many children a chaperone may sponsor)
patron	a member, resident, or guest who is using CountrySide pool amenities